

MEASUREMENT FORM FOR COVERALLS Version 01/19

MEASUREMENTS SHOULD BE TAKEN IN CENTIMETERS.HEIGHT MAY BE QUOTED IN FEET & INCHES. THE PERSON BEING MEASURED SHOULD BE WEARING THE SAME CLOTHES AS WOULD NORMALLY BE WORN UNDER THE COVERALL AND THEIR POCKETS MUST BE EMPTY OF ITEMS

ame:		
1	Chest along the nipple line around the back. Hold tape lightly	
2	Sleeve length (taken with arm bent towards the chest from the bottom edge of the shirt collar to the wrist bone)	
2A	Nape of the neck to seat (Literally)	
3	Waist: (Please measure your waist at a point level with the navel)	
4	Hips (Measured at the widest point of your hips & buttocks)	
5	Inside Leg (From the top where the legs meet to the ankle bone.)	
6	VERY IMPORTANT	Height:
7	Name as you would like it to appear on your name badge	
8	Professional designation	
NOTES		

NEVER ATTEMPT TO MEASURE YOURSELF AS IT IS IMPOSSIBLE TO MEASURE ACCURATELY. FULL MEASURING INSTRUCTIONS CAN BE SUPPLIED ON REQUEST

